

Welcome to Aidshilfe Oberhausen e.V.

Founded in 1987, Aidshilfe Oberhausen e.V. is a social & care counseling center for all citizens in Oberhausen and Mülheim a. d. Ruhr.



Our mission is to prevent & to provide:

- provide support for people who are HIV-positive and/or suffering from Aids and includes providing support to family members (e.g. partner, wife, husband, children, parents...) as well.
- provide information about certain topics e.g. HIV/Aids, sexual transmitted infections (STIs), birth control & pregnancy, sexual orientation...
- provide counseling, ambulant assisted living
- prevention projects organized by Aidshilfe Oberhausen e.V.
- prevention campaigns in schools
- prevention in public relations

Links:

You want an overview about the key facts of HIV/Aids?

<http://www.who.int/mediacentre/factsheets/fs360/en/>

You seek for more Information about HIV transmission and Aids risks in different languages?

<https://www.gib-aids-keine-chance.de/materialien/fremdsprachig/kopiervorlagen.php>

You seek for more information about sexual and reproductive health in different languages?

<http://www.zanzu.de/>

Social & care counseling in Oberhausen and Mülheim a. d. Ruhr

Goals:

Aidshilfe Oberhausen e.V. offers social & care support/counseling for people with HIV/Aids (and family members). It is our main goal to support our clients in decision making and self-responsibility. **Our services are free, confidential and – if you wish – anonymous.**

You can turn to us...

... if you need to talk to somebody confidentially

... if you have questions regarding HIV/Aids

- ... if you have questions regarding other sexual transmitted infections (STIs)
- ... if you have questions regarding sexual health
- ... if you need practical help (e.g. filling in forms)
- ... if you need support in a difficult life situation
- ... if you have questions concerning the social law system
- ... if you need help finding a doctor
- ... if you need support with public departments (Jobcenter, Department of Migration...)

Please contact us or come to the counseling center of Aidshilfe Oberhausen e.V. during our opening hours to make an appointment. We also offer our services at your home, in prison or in hospital – if necessary.

Address:

Aidshilfe Oberhausen e.V.

Marktstr. 165

46045 Oberhausen

→ Map

<http://www.aidshilfe-oberhausen.de/kontakt/lageplan.php>

Telephone availability/Opening hours:

Mondays to Thursdays: 10:00 a.m. – 12:00 a.m.

Monday and Thursdays: 2:00 p.m. – 4:00 p.m.

Fridays to Sundays & public holidays: closed

Phone: 0208 80 65 18

Fax: 0208 810 69 278

E-mail: info@aidshilfe-oberhausen.de

Counseling is possible in following languages:

- German
- English
- Russian
- Polish
- French

Group meetings:

We offer a range of group meetings with various topics taking place in our counseling center on a regular base. Please contact us to get more information about group meetings.

Contact: Natalie Rudi

Natalie.Rudi@aidshilfe-oberhausen.de